

Request Proposal for Lunch and Learn series

Target Group:

The “Lunch and Learn” series would be of an interest to all Town Employees. These series can benefit the diversity of all the Employees.

Benefits of Request:

This series can provide a foundation for an area of interest for all the Employees. The brief time that is spent with the “Lunch and Learn” will give an Employee the motivation to peruse an interest that may have been over looked due to time limitations. The hour that is spent is a great time to introduce a new topic of possible interest.

Why participate in Lunch and Learn series:

The objective is to introduce or expose an Employee to a subject of awareness that may not otherwise be perused. We all eat lunch; why not make it an opportunity to learn something new. If the mind is stimulated you are going to be more productive in your job duties.

Time Line:

The Education workgroup would like to see in the beginning a “Lunch and Learn” at least once a quarter. Our ultimate goal is to see the series done once a month on a broad range of topics.

List of suggestions for the “Lunch and Learn” series :

Considered it is the time of year where it is warm and people are getting outside more, health issues would be a great topic to start off with. We would like to see the following topic as suggestion for the next “Lunch and Learn” series.

- 1) Healthy back
- 2) Diet and Exercise
- 3) Nutrition
- 4) Minor Life style changes to better your health

Suggestion for alternative times:

The “Lunch and Learn” series does not necessarily have to be done at lunch. Alternative options could be first thing in the morning – Breakfast and Learn or even after work at 5:00ish. The idea is to offer an hour’s time to Employees to learn about something that will better themselves and thus reflect in their work at the Town.

