



Office of the Mayor **PROCLAMATION**

Whereas, Chapel Hill has sidewalks, bike lanes, parks, greenways, paths, and planned communities accessible to all residents; and

Whereas, more than 50% of American adults do not get enough physical activity to provide health benefits; and

Whereas, Orange County has one of the highest rates of obesity amongst children and adults in North Carolina, and

Whereas, regular participation in moderate-intensity physical activity lowers the incidence of many chronic diseases; and

Whereas, Go Chapel Hill Active Living by Design promotes physical activity by integrating 30 minutes of activity into daily routines; and

Whereas, Go Chapel Hill Active Living by Design promotes environments that offer choices for an active lifestyle; and

Whereas, active living encourages residents of neighborhoods, students, employers and employees to choose a more active lifestyle, thereby reducing traffic congestion and improving air quality; and

Whereas, the Go Chapel Hill Active Living by Design Committee has developed a program to increase opportunity for physical activity by identifying and recommending sidewalks and bicycle lanes in the community; and

Now, Therefore, I, Kevin C. Foy, Mayor of the Town of Chapel Hill, do hereby encourage all citizens to participate in Go Chapel Hill Active Living by Design and wish to declare the month of October 2008, as

Go! Chapel Hill Month

Given under my hand and the seal of the Town of Chapel Hill on this the twenty-second day of September, Two Thousand and Eight

A handwritten signature in black ink, appearing to read "K. C. Foy".

Kevin C. Foy, Mayor