

# 2004 Annual Report Cornucopia House

*Cancer Support Center ~ A Place of Caring & Sharing*

## Outreach to the Community

In 2004, our outreach efforts in the community focused on the ways that Cornucopia House is distinct in the Triangle:

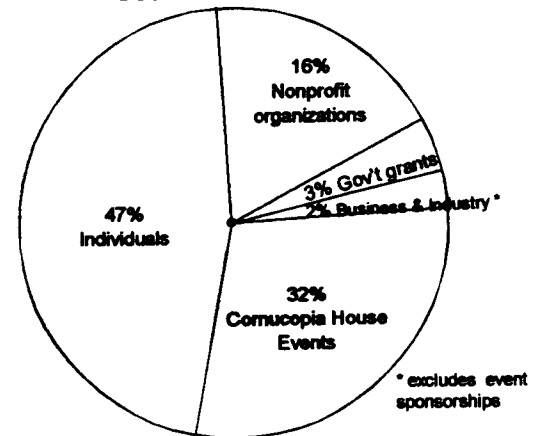
- 1) we are located in a non-medical setting;
- 2) we are different from hospice;
- 3) we help people who are dealing with any type of cancer, without regard to one's geographic location or ability to pay.

	<u>2004</u>	<u>2003</u>
Income	\$201,624	\$157,739
Expenses		
Program	148,002	132,502
Fundraising	12,575	12,769
Administration	9,566	11,534
Total Expenses	\$170,143	\$156,805
Net Income	\$ 31,481	\$ 934
<p>In addition to monetary support, Cornucopia House received numerous in-kind gifts and countless volunteer hours which have been essential to our success.</p>		

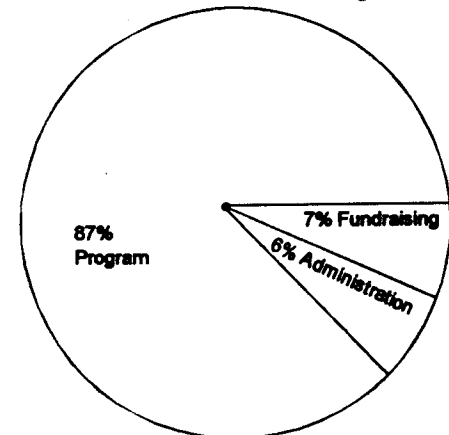
## 2004 Highlights

- Established collaborations with new service providers at their locations to offer a wider range of services to Cornucopia House participants.
- New on-site opportunities: estate planning consultations, belly dancing, tai ji.
- JP's Courage Gang begins: social time for teens who have life-threatening illnesses and their friends.
- Two challenge grants spur giving totaling \$51,211.
- Regional wine distributor chooses Cornucopia House to receive a percentage of all sales in North Carolina.
- Sponsored first-ever benefit golf tournament.
- A Chocolate Affair takes a huge step forward in 2004 with the first-ever honorary chairs, first-ever sponsorships (27), more auction items than ever (195), the largest attendance ever (455), and the largest bid ever (\$6,000). Result? A near-doubling of net proceeds from the previous year to \$43,000+.

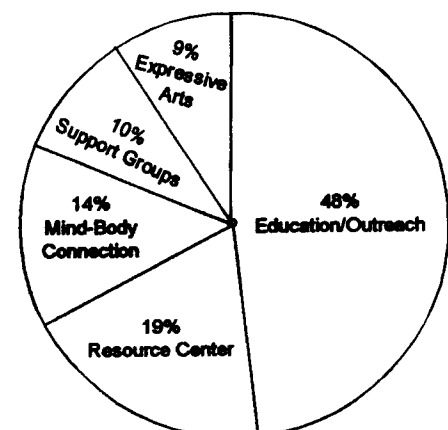
Sources of Income

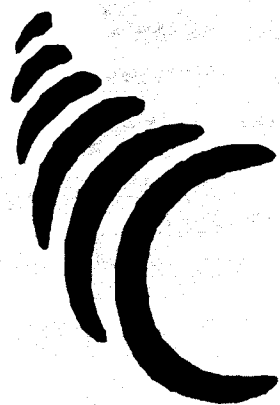


How the Dollars Were Spent



Breakdown of Program Dollars





## Cornucopia House

Cancer Support Center  
A Place of Caring and Sharing

111 Cloister Court  
Suite 220, Overlook Building  
Chapel Hill, NC 27514  
www.cornucopiahouse.org  
chsupport@mindspring.com  
Phone: 919-401-9333  
Fax: 919-401-9335

# Sharings

Spring 2005 ~ Vol. 11, No. 2

## Six-Week Series: Food for Life Nutrition & Cooking Class

Want to put yourself on the road to good health? Just think of food as your medicine! It's a simple, delicious way to provide the fundamental building blocks we need for a healthy immune system, and it doesn't require health insurance or visits to a doctor or clinic or hospital.

In conjunction with the Physicians Committee for Responsible Medicine and The Cancer Project, Cornucopia House is offering the "Food for Life Nutrition and Cooking



Additional good news on the nutrition front. "The Food Fairy" returns to Cornucopia House at participants' request for an encore presentation. We had a full house and waiting list for her January class. See Page 10 for details.

Class" this spring. This series aims to help advance understanding of the healing power of food.

The free cooking course will be on Tuesday evenings, from May 10-June 14. You may take one or more of the classes (see list of topics on page 10). **Reservations are required** and each class is limited to 15 participants.

In the classes, we'll learn which foods are good for us and how to make them taste good too. Local cooking instructor Susan Neulist will show us how to enjoy a low-fat vegetarian diet loaded with fruits, vegetables, and whole grains.

Designed by physicians, nutrition experts, and registered dietitians, each class provides information on the way certain foods and nutrients work to promote or discourage cancer growth. Simple cooking demonstrations will show us things we can do at home.

The goal of this program is to empower cancer survivors, their friends, and their family members to learn cooking skills that turn every meal into an easy and delicious dose of healthy nutrition.

For more information:  
www.pcrm.org  
www.cancerproject.org



### Board of Directors

- Patricia Cadle
- Devi Desai
- Dick Jones
- Valerie Jones
- Virginia Purbrick
- Teri Rogowski
- Susan Schneider
- Deborah Throm
- Celeste Watkins
- Frank Wise
- Janet Wylie

### Staff & Service Providers

- Chitra Alvarado, Yoga Instructor
- Judith Breen, Expressive Arts Facilitator
- Carol Buxton Hamon, Group Facilitator
- Becky Carver, Executive Director
- Nancy Garson-Angert, Group Facilitator
- Mindy Gellin, Program Coordinator
- Joan Granath, Administrative Coordinator
- Lucy Hohn, Tai Ji & Qigong Instructor
- Lynne Jaffe, Yoga Instructor, Group Facilitator
- Rachel Lewis Marlow, Massage Therapist
- Valerie Jones, Reiki Practitioner
- Val Proffitt, Clinical Consultant
- Cynthia Runberg, Coach in Residence
- Jean Savage, Reiki Practitioner
- Sue Schneider, Group Facilitator
- Martha Shannon, Belly Dance Instructor
- Doreen Stein-Seroussi, Yoga Instructor
- Phyllis Swank, Polarity Therapist
- Denise Weber, Resource Coordinator

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Artful Word  
www.artfulword.com

#### Our Mission

To provide a nurturing environment where patients, families, and others can gather to share and receive support, resources, and education to cope with cancer.



## “Cancer Chronicles: Numbering the Living”

Join us on Sunday, June 5, from 3:00-5:00 p.m for our 4th annual celebration of National Cancer Survivors Day®. This is a time to honor those who are living with cancer and gratefully acknowledge their families, friends, and healthcare providers.

Professional actors from the Deep Dish Theatre in Chapel Hill will present dramatic readings from

literature, memoirs, commentaries, poems, and personal journals on living and coping with cancer.

The Deep Dish Theater is located in Chapel Hill’s University Mall, Estes Drive and US 15-501.

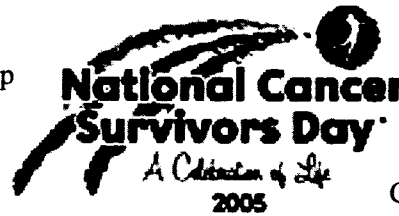
Cancer survivor Richard Bloch (co-founder of H&R Block) and his wife Annette held their first Cancer Survivor Rally in Kansas City 18 years ago to

obtain media coverage that would demonstrate that a diagnosis of cancer is not an automatic death sentence. The idea soon caught on in other communities and has come to be known as National Cancer Survivors Day®. This

annual, worldwide celebration of life is held in hundreds of communities throughout the United States, Canada, and other countries. Participants unite in a symbolic event to show the world that life after a cancer diagnosis can be a reality.

Stay after the performance to enjoy refreshments and to meet and chat with others who are there to celebrate life!

*Space is limited, so make your reservations early (401-9333). Suggested donation is \$10.*



## Search Is On for New Board Members

The board development committee is now actively seeking additional men and women to serve on the board of directors.

Our volunteer board members help guide and carry out the work of Cornucopia House by offering their time and expertise and connections in pursuit of our mission. We need attorneys, physicians, marketing and financial specialists, community leaders, cancer survivors, family members, and others with a

dedicated spirit who want to see us move forward as we move toward our 10th anniversary in 2006.

If you’d like to know more or would like to be considered for board membership -- or if you wish to nominate someone else -- please contact executive director Becky Carver (401-9333). Because of terms ending and the resignation of several board members due to personal or business circumstances, we have several spots to fill.



## “How do I live my life now?”

*Often unanticipated and always uninvited, cancer causes change.*

We are pleased to introduce Cynthia Runberg, BS, MCC, as our “Coach in Residence” for 2005. A cancer survivor and Personal and Professional Co-active Life Coach with 20 years experience, she is available free of charge to assist Cornucopia House participants deal with the change and transition that come with a cancer diagnosis.



Change involves letting go of one trapeze bar in order to grab another. The space in between is called transition.

Increasingly, getting a cancer diagnosis does not mean that life is ending. For survivors, the question we must ask ourselves is, “How do I live my life now?”

Change is the event that rocks our life; transition is the passage.

After cancer treatments end, we may find ourselves asking,

“Who am I now? How has cancer changed my life? What has stayed the same?”

Cynthia is a member of the International Coach Federation (ICF), American Coaching Association, Children and Adults with ADD (CHADD), and Learning Disability Association (LDA).

To sign up for Cynthia Runberg’s free, individual coaching sessions for Cornucopia House participants, call us at 401-9333. For more about “coaching,” go to [www.coachfederation.org/aboutcoaching/nature.asp](http://www.coachfederation.org/aboutcoaching/nature.asp)

## Awaken the Wisdom of the Body

*Free Feldenkrais Private Lessons and Classes*

We are delighted to announce that Karen Dold, a Guild-Certified Feldenkrais Practitioner and co-founder of Move With Elan in Chapel Hill, has begun offering Feldenkrais sessions free of charge to Cornucopia House participants.

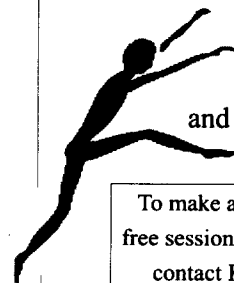
A former oncology research biologist and martial artist, Karen now dedicates herself to teaching people to move through life with power, vitality, and grace. In periods of illness and transition, we often become disconnected from ourselves as a way to avoid feeling physical and emotional pain. How can we reconnect with our innate physical and neurological intelligence, while dealing with cancer and fear?

The Feldenkrais Method® is

a learning process that combines movement and guided attention, with profound implications for quality of life and healing. Using our innate intelligence and sense of internal support and vitality, we can experience benefits like deep relaxation and fuller breathing, recovery of movements lost due to reconstructive surgeries, enhanced vitality, emotional well-being, greater flexibility and ease of motion and comfort.

The Feldenkrais Method® is taught in two different formats. In Awareness Through Movement® group classes, students explore gentle movement sequences guided by verbal instructions from the teacher. Students learn to coordinate their thinking, feeling, sensing, imagination, and perception

with their movement, thus strengthening their ability to help themselves. In private Functional Integration® sessions, information is communicated to the student through the gentle touch of the practitioner. Both approaches guide students to discern their habitual patterns of movement and discover alternatives to these, guided by their own experience of ease and pleasure.



To make an appointment for your free session or for more information, contact Karen Dold directly at 919-967-8013 or [movewithelan@earthlink.net](mailto:movewithelan@earthlink.net). You can also read more at [www.movewithelan.com](http://www.movewithelan.com) or [www.feldenkrais.com](http://www.feldenkrais.com).

## Gifts Received December 1, 2004 - March 10, 2005

*(If we have missed anyone or there are corrections, please contact Joan Granath at 401-9333)*

### In Honor of

Mark Bether's mom by Drue & Kelly Moore  
 Lois Boynton by Anne Johnston  
 Amy Brannock & Roger Cook by Louise & James Brannock  
 Becky Carver by:  
 Georgia Carver  
 Jim Protzman & Jane Brown  
 Georgia Carver by Don & Leslie Simonet  
 Joan Cohen by  
 Michael & Diana Caplow  
 Karen Fink & Charlie Goldstein  
 Comucopia House Board & Staff by Lois Boynton  
 Helen Culbertson by Lois Underwood  
 Alice Deakins by Kenneth & Cynthia Crossen  
 Kevin Gailey by Lorenzo & Laura Gallo  
 Shari Goldstein & Jean Bernard's marriage by Irma & Emanuel Stein  
 Fiona Holland & Dan Rhode by Leigh Hall & Michael Smith  
 Bryant Holsenbeck by Steve Schewel & Lao Rubert  
 Kathleen Kenyon by John White & Elizabeth Swaringen  
 Cherie Kuzmiak by John White & Elizabeth Swaringen  
 Stacy Kuzmiak by L. Harvey Kassebaum  
 Ann Lambert by Helen Culbertson  
 Lance Markos by Lorenzo & Laura Gallo  
 Grace Meldrum by Christopher and Jenette Meldrum  
 Michael O. Meyers by John White & Elizabeth Swaringen  
 Dr. & Mrs. Bradley Miller by Carl Lee  
 Pat Misner by Lois Underwood  
 Robin Ober by James & Jacqueline Jones  
 Elsie Schneider by Bruce & Gwen Goepel  
 Mary Lou Sewell by Susan Sewell  
 Elizabeth Swaringen by:  
 Kathy & David Bartlett  
 Frances Brown  
 Beth & Jim Maxwell  
 Laurie Norman  
 Carol Schlueter  
 John & Dianne Shaw  
 Judy Swasey by John White & Elizabeth Swaringen  
 Lois Underwood by Helen Culbertson  
 Clark Wang's birthday by John & Linda Small

### In Memory of

Ignacio Albert-Perez by Andrew & Rhonda Stults  
 Ken Armstrong by Delma Armstrong  
 Gayle Bacon by Monica Kolzet  
 C. Eugene Bennett by Patricia Merriman  
 Ruth Beth by Diane Beth  
 Karen Binder by  
 Joanne & Roger Kennedy  
 Joe & Marjorie Schradie  
 Judy Blake by Letitia Chapman  
 Peggy Blanchard by Lois Boynton  
 Barbara Jean Brooking by Michelle & Richard Cuscino  
 Harry & Bert Bull by Joseph & Marilyn Sparling  
 Bon Carver by Georgia Carver  
 Helen Clavan by:  
 Barbara & Lawrence Daquioag  
 Stephanie Powell  
 George Culbertson by Lois Underwood  
 Tony & Ceil Cutler by Karen Kelleher  
 Jim D'Aleo by Lois Boynton  
 Donald Day by Nancy Walker  
 Mary Lou Faucher by Robert Faucher  
 Vi Felber by Katherine Hyatt and Jane Upsal  
 Judith Gamble by James Gamble  
 Ronnie Guttman by Anne Parrish  
 Fred Hamblet by Andrew & Margaret Silton  
 Malcolm McCranor Henderson by Carol & William Henderson  
 Libby Hirsch by Roslyn Balbirer  
 Patricia Houser by Trisha Houser  
 Leona & Lawrence Kelleher by Karen Kelleher  
 Ruvain Klein by Mindy Gellin & David Klein  
 Susan Lee by Larry & Arlene Green  
 Francis Linnan by anonymous  
 Ann Lopuszynski Messenger by Harry Messenger  
 Kevin Morel by:  
 Jim Lewis & Mar Gutierrez  
 The Michael Longfield Family  
 Cydney Morel  
 Catherine Murphy by Andrew & Margaret Silton  
 Elizabeth O'Connor by John & Patricia O'Connor  
 Dr. James Palmer by Randall & Judy Bryson  
 Patrice Perkins by:  
 John & Miriam Alexander  
 Martha Crawford  
 Beatrice Dulberg  
 Kristin & Goshi Kogure  
 Rosamond Lloyd

Carolyn Mercer  
 Thelma Perkins  
 Frances J. Tener  
 Isabelle Webb  
 August Rechholtz by Robert & Caroline Rechholtz  
 Ruth Rogers by Katherine Hyatt and Jane Upsal  
 Beverly Rubin by Joel & Frances Gellin  
 Lillian Wasserman by Lawrence & Arlene Rosenfeld  
 Virginia Whetsel by Georgia Carver  
 Kathryn Yocom by George & Judith Krassner

### Dennis & Nancy Dougherty Challenge

Anonymous (1)  
 Kathy & David Bartlett  
 Lois Boynton  
 Michael & Jean Chitwood  
 Uldarico & Azucena Datiles  
 Mary Lou & Robert Drake  
 Robert Faucher  
 Jim & Marcia Friedman  
 Mindy Gellin & David Klein  
 Rivka Gordon & Trip Van Noppen  
 Alice Hall  
 Betty Hamblet  
 Frances Henderson & Triangle Community Foundation  
 Tom Kenan  
 Jim Lewis & Mar Gutierrez  
 Ian & Donna Mehr  
 Lee & Monique Miklovic  
 David & Emily Milliot  
 Terri O'Quin  
 Stephanie Powell  
 Michael Rosenberg  
 Susan Sewell  
 Andrew & Margaret Silton  
 Thomas & Jo-Anna Spector  
 Michael & Wendy Stocum  
 Andrew & Rhonda Stults  
 Patrick & Annie Sullivan  
 Ventana Endowment Fund of the Triangle Community Foundation  
 Bradley Waters  
 James Wisowaty

### Circle of Angels

(\$5,000 and above)  
 The Sunshine Lady Foundation

### Circle of Patrons

(\$1,000 - \$4,999)  
 Anonymous: (1)  
 Home Health Foundation of Chapel Hill Endowment Fund of Triangle Community Foundation  
 The Congregation at Duke University Chapel  
 Town of Carrboro

### Circle of Benefactors

(\$500 - \$999)  
 IBM Employees & Retirees

### Circle of Sponsors

(\$250 - \$499)  
 Anonymous: (1)

### Circle of Donors

(\$100 - \$249)  
 Anonymous: (1)  
 Jim & Linda Alcock  
 Joanne Anderson  
 James & Wendy Ball  
 Cathy Breshears  
 Ruth Campbell  
 Frederic & Joanna Dalldorf  
 Rhonda Moskow From  
 Elaine Fields & Carson Holloway  
 John & Diane Gilmore  
 Bob & Elee Gross  
 Hair & Co., Sandy Winchester  
 Edgar Harland  
 Wanda & Tye Hunter  
 James & Jacqueline Jones  
 Beverly Koester  
 Mary Larkin  
 Dennis Lazof & Carol Kirschenbaum  
 Louis & Jane Levy  
 Nina Lipton & Clare Jansson  
 Larry & Jo Ellen Loy  
 Elaine & Lee Marcus  
 Dan & Martha Milam  
 Jill Over & Tom Mitchell  
 Don & Barbara Moore  
 Cheryl Namkung  
 Olin T. Binkley Memorial Baptist Church  
 David & Dorothy Perry  
 Carol Reuss  
 Paul & Sidna Rizzo  
 Gladys Siegel  
 Steven & Susan Skolsky  
 Sports Endeavors  
 Rex & Patience Teaney  
 Joel & Laurie Tepper  
 Andy Tracy

### Circle of Friends

(\$1 - \$99)  
 Anonymous: (4)  
 Lex & Ann Alexander  
 Martha B. Alexander  
 Carol Anderson  
 Robert & Taimi Anderson  
 Sharon Anderson  
 Chris & Shirley Angus  
 William & Elaine Barney  
 Kathy Bartelmay  
 Don Basnight  
 Win Berg  
 Pat & Thad Beyle

continued ...



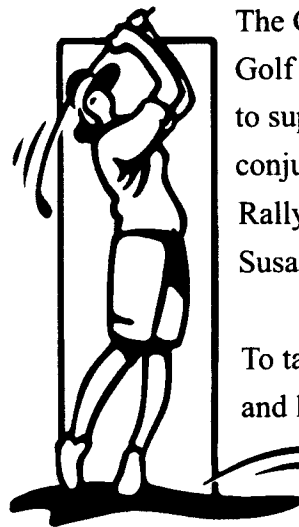
Jack & Jennifer Boger  
 Barbara Brister  
 Tama & Hugh Brooks  
 Kenneth & Marjorie Broun  
 David & Linda Brown  
 Craig & Elizabeth Buchman  
 Tshombe Buckman  
 Chris Bueker  
 Scott Campbell  
 Andrea Carpenter  
 Howard & Nancy Carter  
 Marcia Chapman  
 Kathleen & Daniel Clarke-Pearson  
 Joan & Kal Cohen  
 Shirley Colagrossi  
 Color Me Pink Boutique, Inc.  
 Bill and Charlotte Cooney  
 Ed & Nina Comiskey  
 Mary & Robert Creed  
 Gladess Crisp  
 Harriet Crisp  
 Cassandra Daston  
 Dixon Weinstein Architects  
 Stephen Dovenitz & Jane Howard  
 Woody & Jean Durham  
 Allan & Naomi Eckhaus  
 John & Marty Fahlberg  
 Catherine Fletcher  
 Carl & Valerie Fox  
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 Edna Goldstaub & Roberto Dainotto  
 Chris Graebner  
 John & Suzanne Graham  
 Cynthia Gudeman  
 Betsy Hackney  
 Harold & Elaine Haidt  
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 Lyndsay Harris  
 Sarah Harvan  
 Sharon Hawks & Yvonne Overcast  
 Robert Headen  
 Linda Ikenberry  
 Roland & Wendy Intrator  
 Joan Isabel  
 Bob Izydore  
 Mel Jones & Kathleen Gest  
 Carl & Mary Lee Kluttz  
 Marcia Koomen  
 George & Judith Krassner  
 Barbara Lang  
 Marie & Donald Lauria  
 Douglas & Marilyn Longman  
 Leslie Lotina & Jerry Villemain  
 Paul Luebke & Carol Gallione  
 Daniel & Rosalie Mandel  
 Susan McAllister  
 Denis McCullough  
 Marilyn Metzler  
 Jim & Audrey Moore  
 Jane Moritz  
 Jane Nordwall  
 Michael & Kathleen O'Loughlin  
 James & Debbie O'Rourke  
 Michael & Mary Ellen Pasquale  
 Violet Perry  
 Patricia & G.D. Peterson  
 Etta Pisano & Jan Kylstra

Nancy Raasch  
 Kim Ragland  
 Don & Karen Reinfurt  
 Daniel Renfrow  
 Sherrill Riddick  
 Gabriela Rife  
 David & JoAnn Rubin  
 Sherry Samuels & Aviva Starr  
 Robert Sealock & Cecile Skrzynia  
 Mark Silver  
 Phil & Ellen Singer  
 Mariechen Smith  
 Moyer & Jane Smith  
 William & Lisa Soeters  
 Diane Spangler  
 Jane Stein  
 John & Cathy Stow  
 Lee Strand  
 Marsha Stuchiner  
 Marvin & Miriam Swaringen  
 James and Cassandra Swon  
 The Community Foundation, Inc.  
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 The Teagle Foundation Incorporated  
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 Seth & Susan Tice-Lewis  
 Stan Ulick  
 Vaguely Reminiscent  
 John & Karen Vernon  
 Milena Sedmak Vesic  
 Michael Wade  
 Deborah & Jonathan Wahl  
 Otis Washington  
 Anne & W. A. Williams  
 Donald & Marie Wood  
 Karin Yeatts

**Gifts in Kind:**

A Better Image Printing  
 Artful World  
 Sara Baligh  
 Lois Boynton  
 Alison Gayek  
 Mindy Gellin  
 Virginia Gibbons  
 Gary & Joan Granath  
 Lynn Hicks  
 Lucy Hohn  
 Brenda Hunter  
 Peg Lewis  
 Rita May  
 MoonDance Soaps & More  
 Robin Ober  
 Sue Schneider  
 Jon Seskevich  
 Phyllis Swank  
 Elizabeth Swaringen  
 Denise Weber

**Many Thanks!**



The Governor's Club Women's Golf Association has again chosen to support Cornucopia House in conjunction with their May 24 Rally for a Cure benefiting the Susan G. Komen Foundation.

To take part in the tournament and luncheon, contact Ginny

Cole at 968-4301 or [jfcole@bellsouth.net](mailto:jfcole@bellsouth.net).

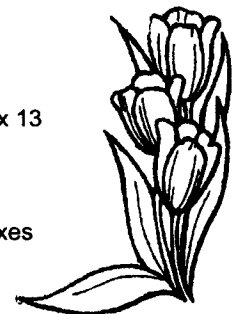
## Challenge Grants Make a Difference!

Forty-two of you responded to the year-end challenge by Dennis and Nancy Dougherty to match gifts of \$200 or more. Their \$5,000 seed money brought in another \$15,235. Our deepest appreciation goes out to Dennis and Nancy and to all who took the challenge!

This and an earlier challenge in 2004 from the Sunshine Lady Foundation helped us finish last year in better financial condition than ever. If you or someone you know would make a challenge grant on behalf of Cornucopia House in 2005 or 2006, please contact executive director Becky Carver or any board member.

## Spring Wish List

Cancer Stories: Lessons in Love, Loss & Hope  
 AV cart (call Joan Granath at 401-9333 for details)  
 6 cushioned folding chairs (call Joan Granath for details)  
 Sturdy, collapsible easel  
 Flash drive (1gig)  
 Zip drive and zip disks  
 Postage stamps  
 Mailing envelopes: 9 x 12 and 10 x 13  
 Office supply gift certificates  
 Grocery store gift certificates  
 Long distance gift certificates  
 Clear plastic file folder storage boxes  
 Film developing gift certificates  
 Paper cups (hot and cold)  
 Toilet paper  
 Couch/love seat for living room (call Denise at 401-9333)





# Many Thanks for Another Successful Chocolate Affaire!

## Honorary Chair

Gail Fearing

## Gold Sponsors

AstraZeneca Pharmaceuticals LP  
Blue Cross & Blue Shield of NC  
Gail Fearing  
Denise & Steve Vanderwoude

## Bronze Sponsors

Joan Boone  
Lisa K. Vira, Attorney at Law

## Community Supporters

Anonymous (2)  
Joseph & Diane Bastian  
Lois Boynton  
Becky Carver  
Tom Guest Insurance  
Dan Hudgins & Ann McKown  
PS International, LTD  
UBS Financial Services Inc., Joel  
Frelander & Dana Postiglione  
Barbara and Frank Weiner

## Friends

Sylvia Adkins  
Jim & Louise Brannock  
Mary Lou & Bob Drake  
William & Mary Alice Holmes  
Corinne & Jeff Houpt  
Inside Carolina  
Main Street Clinical Associates  
Martha Rigney & Ron Brande  
Nurse Care of North Carolina  
Anne Patton  
Joan Pharr  
Philip Post & Associates  
Carol & Edward Smithwick, Jr.

## Auction Donors

Anonymous (3)  
1360 WCHL  
A Better Image Printing  
Altered Image Hair Designers  
Andrews Greenhouses  
Angel Hair Wig Gallery  
Caroline Armijo  
Artful Word  
Kim Baldt  
Sara & Helmy Baligh  
Barnes & Noble, New Hope Commons  
John Bigelow  
Billington Imports  
Katherine Bliss  
Bluebird Landscapes  
John Boone  
Brick Alley Books  
Barnsley Brown  
Evelyn Brown  
Callaway Jewelry  
Cameron's  
Carrboro Yoga Company  
Becky Carver

Cederberg Kitchen & Additions  
Celestial Bodies Pilates Studio  
Don Chandler  
Chapel Hill Creamery  
Chapel Hill Restaurant Group  
Chapel Hill Wine Company  
Marian Clifford  
Color Me Pink Boutique  
Community Music Project  
Kristen Compton  
Costco  
Cozy  
Crazy Cow Ice Cream  
Jay Crooker  
Crone's Throw Pottery  
Beverly Currence  
Dallas Pridgen Jewelry  
Dana Design  
Dream A Little  
Laura Drey  
Dual Supply  
Duke Men's Basketball  
Duke Women's Basketball  
Lise Uyanik Ebel  
Eleanor Edwards-Smith  
Frank Elmore  
Eurosport  
Peter Filene  
Jane Filer  
Fleet Feet Carrboro  
French Connections  
Bruce Friedman  
Sarah Froeber  
Michael Frommer  
Peg Gignoux  
Great Atlantic Lacrosse Co.  
Robin Gurlitz  
Ti Harmony  
Nyra Hill  
Hillsborough Wine Co.  
Michael Hining  
Inn on Biltmore Estate  
Jewelry by Mark  
Inspire Designs  
Christina Jaromin  
Fred Kessler  
Kitchenworks  
Julio Laliberte  
Suzy Lawrence  
Lickity Split  
LifeSong Studios  
Little Luxuries  
Look Out Casual Clothes  
Lucky Stars  
Luster Jewelry  
Austin Lybrand  
Margaret Matheis  
Ian Mehr  
Steven Miller  
Nancy Mills  
Steve & Diana Minta  
Don & Barbara Moore  
Move with Elan  
Brendan Moylan

Mr. Rainbow the Clown  
Multiflora Greenhouses  
Alice Myers  
Nana's Naturals  
NC Crafts Gallery  
Rebecca McLaughlin Neigher  
Jacquelyn Nouveau & Susan Brown  
Optometric Eye Care Center  
Martha Stodt Oxenfeldt  
Pace Gifts  
Jean Parker  
Parton Consulting  
Penang  
Marilyn Penrod  
Peregrine Farm  
Perennials  
Playmakers Repertory Co.  
Bill Pope  
Sally Bowen Prange  
Sarah Pryor  
Sudie Rakusin  
Luna Lee Ray  
Reba and Roses  
Courtney Reid-Eaton  
Janet Resnik  
Sally Resnik Rockriver  
Salinda Dahl Studio  
Jon Seskevich  
Leslie Simonet  
Charlotte Horde Smith  
Snippin' Snaps  
Southern Sweets & Treats  
Space Cadette  
Claire Spampinato  
Jeanette Stokes  
Mary Sullivan/Life Design Studio  
Phyllis Swank  
Zohreh Taráz  
Temptations Parties/Laura Poole  
The Catbriar  
The Garden Specialist  
The Laughing Turtle  
Kathleen Thompson  
Barbara Treyz  
Trillium Wood Therapeutic Massage  
UNC Educational Foundation  
UNC Women's Basketball  
Universal Blessings Unlimited  
Vaguely Reminiscent  
Vietri  
Lisa K. Vira, Attorney at Law  
Denise Weber  
Robbi Weinman  
Emily Weinstein  
Wentworth & Sloan Jewelers  
Mariah Wheeler  
Whoopedoo  
William Travis Jewelry  
Suzie Wolf  
Ann May Woodward  
Janet Wylie  
Gayle Zarnit  
Zola Craft Gallery

## Food, Beverage & Services

AMD Ice Sensations  
Aurora Cucina Italiano  
Babette's  
Don Basnight, Auctioneer: Weaver  
Street Realty & Auction  
Brèadmen's Restaurant  
Carolina Brewery  
Chapel Hill Restaurant Group: Four  
Eleven West, Spanky's, Squids,  
Five Eighteen West  
Counter Culture Coffee  
Crook's Corner  
Daniel's  
Dip Into Decadence  
Elaine's on Franklin  
Four Square Restaurant  
Francesca's Dessert Café  
Great Harvest Bread Co.  
Gugluph Bakery & Patisserie  
Harris Teeter  
Just in Thyme Catering  
La Residence  
Lantern Restaurant  
Mama Dip's Kitchen  
Maple View Farm  
Margaret's Cantina  
Mediterranean Deli  
Nantucket Café & Grill  
The Chads: Jim Baird, Bill Baucom,  
and Bob Christian  
The Food Fairy  
O'Neils Neighborhood Grill  
Off Franklin Bar & Grill  
Prime Only  
Rainbow Water  
Sam's Club  
Saratoga Grill  
Spice Street  
Supper Solutions Personal Chef  
Service, LLC  
The Carolina Club  
The Carolina Inn  
The Forest Foundation  
The Kroger Company  
Top of the Hill Restaurant &  
Brewery  
Whole Foods Market of Chapel Hill

## Chocolate Affaire Committee

Michelle Barbee, Chair  
Sara Baligh  
Joan Boone  
Becky Carver  
Marcia Friedman  
Trisha Houser  
Lisa K. Vira

## Chocolate Affaire Volunteers

Jeff Abbey  
Page Adams  
Fran Alderman  
Brittany Allen

continued ...



Sapon Amil  
 Shirley Angus  
 Laura Azzu  
 Valerie Balog  
 Artis Barbour  
 Charlene J. Bass  
 Wynn Berg  
 Courtney Berger  
 Barbara Brister  
 Hunter Brown  
 Jane Burgman  
 Emily Burress  
 Kristen Cauldwell  
 Ruth Campbell  
 Carolina Cancer Focus  
 Christie Chan  
 Marcia Chapman  
 Pearl Cheng  
 Russ Church  
 Mariatu Cole  
 Brittany Coleman  
 Anne Corrigan  
 Jigna Desai  
 Christina Diaz  
 Barbara Dietsch  
 Nadine Downing  
 Nancy Du  
 LaCharles Edwards  
 Linda Ellis  
 Ina Evans  
 Norma Jean Ferrell  
 Gavin Gosso  
 Riva Freeland  
 Kendra Fuller  
 Tommy Gainer  
 Ellen Garcia  
 Mindy Gellin  
 Kay Goldstein  
 Ruth Graff  
 Joan Granath  
 Larry Green  
 Sarah Greenblatt  
 Elena Gutierrez  
 Bo Han  
 Lynn Hicks  
 Mingyi Huang  
 Mark Huber  
 Wendy Intrator  
 Christina Jaromin  
 Kathy Jicha  
 Brad Kazami  
 Amy Kellum  
 Anne Kennedy  
 Cameron Klein  
 David Klein  
 Marge Kleinschmidt  
 Terry Laliberte  
 Megan Larson  
 Deborah Lemmerman  
 Mark Lemmerman  
 Jane Levy  
 Mike Lineberry  
 Curtis Lovelady  
 Eileen Lowenbach  
 Rachel Lewis Marlow  
 Jo Mason

Sharon Mason  
 Keith McDowell  
 Cheri Miller  
 Karen Monaco  
 Barbara Moore  
 Stacy Moretz  
 Rebecca Neigher  
 Justin Paget  
 Sreerupa Pathak  
 Donnie Perry  
 Isaac Perry  
 George Ploghoft  
 Swapnilkumar Potel  
 Max Preston  
 Val Proffitt  
 Margaret Purser  
 Samantha Puvanesarajah  
 Amy Stapleford-Rankin  
 Sen Ravindran  
 Ada Rey  
 Katherine Rock  
 Jane Rogers  
 Sara Ruedy  
 Gail Shaeffer  
 Leslie Simonet  
 Judith Smarr  
 Kelly Smith  
 Sara Snow  
 Dana Soady  
 Nancy Staton  
 Andi Steele  
 Jeanette Stokes  
 Ruth Stone  
 Edward Strickland  
 Elizabeth Swaringen  
 Chris Sunu  
 Rob Thompson  
 Ryan Timberlake  
 Chad Trent  
 TROSA  
 Denise Vanderwoude  
 Natash Vos  
 Nancy Wang  
 Barbara Weiner  
 Robbi Weinman  
 Denise Weber  
 Anthony Webb  
 Kim Wicks  
 Susan Williams  
 Barbara Wilson  
 Kim Winson  
 Lauren Wong  
 William Wood  
 Vance Wright  
 Tina Yin  
 Krista Young

All of us who worked to make **A Chocolate Affaire** happen were very tired at 5:00 that Sunday afternoon in February, but we were also humming with excitement about your favorable comments on our new, elegant, and spacious venue at The Carolina Club. We heard your praise for the new and overwhelmingly popular chocolate fountain and ice cream with toppings. You made dozens of platters of tempting chocolate desserts disappear, along with wine, coffee, hot chocolate, and fresh fruit and vegetables when your sweet tooth was finally satisfied. You bid on more than 200 items and services in the silent and live auctions. You enjoyed sitting down to visit with friends.

Great news ... **A Chocolate Affaire** netted Cornucopia House approximately \$43,000 -- almost one-quarter of our budget for 2005! Wow!

I know all of you join me in extending thanks to the businesses and individuals who donated items and services for the auction and to our food and beverage donors. Please patronize them and tell them you're a Cornucopia House supporter too. A special thanks also to our dedicated steering committee members and dozens of volunteers. All their names are listed on these pages. Be sure to tell them how much you appreciate their hard work.

~ Becky Carver, Executive Director



More pictures from  
**A Chocolate Affaire** on next page



# *Caps* **JP'S** *for Courage* **Now on First Fridays**

JP's Courage Gang is a Teen-for-Teens group that gathers monthly for fun, food and friendship (and door prizes!) at Cornucopia House. Co-sponsored by students from Chapel Hill High School and Meredith College, it's specifically for 12-18 year olds who have been diagnosed with cancer or other life threatening illnesses and their teenaged friends and siblings. The group has changed its meeting time to the First Friday of each month from 7:00-9:00 pm.

May 6 will be Pizza Night and June 3 is Movie Night. Go to [www.cornucopiahouse.org](http://www.cornucopiahouse.org) for other summer plans or sign up for email alerts ([chsupport@mindspring.com](mailto:chsupport@mindspring.com)).

The program is run by teens and provides an opportunity to spend a few hours a month just hanging out with other teens in similar situations. It's their night. Parents who come along can read or visit with others in the Living Room while the teens are in the Gathering Room.

Pass the word around about JP's Courage Gang, founded earlier this year by sisters Johanna and Kelsey Minta in memory of their younger brother Jon-Paul, a Red Sox fan.

Questions? Contact sisters Kelsey (832-6283) or Johanna (414-6722), or Mindy Gellin at Cornucopia House (401-9333).

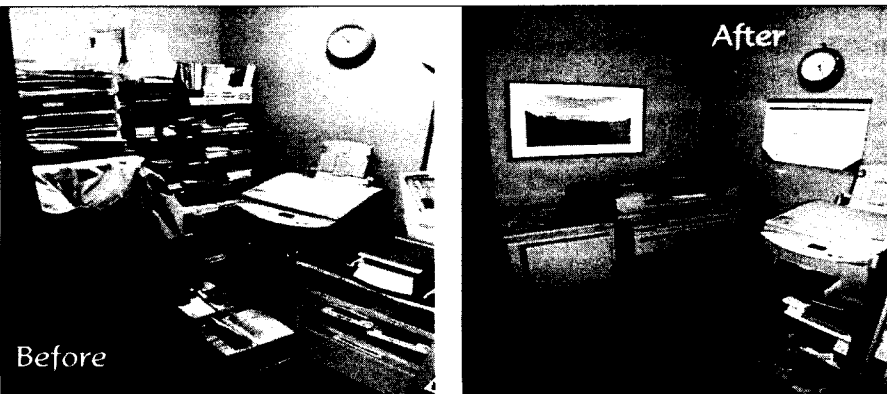
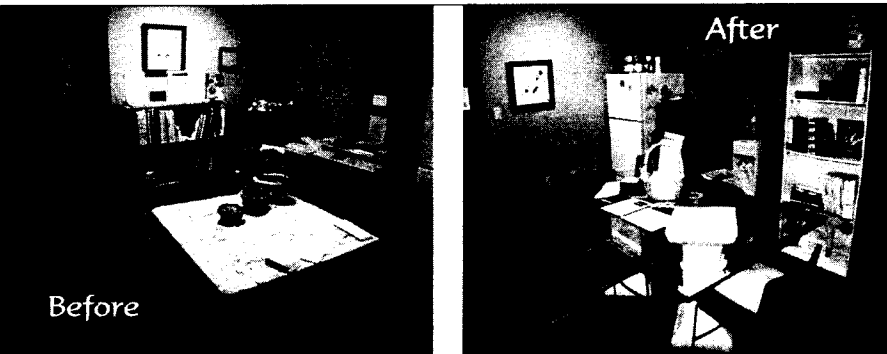
More photos from  
A Chocolate Affaire  
at The Carolina Club





### Thanks To Professional Organizers!

Local members of the National Association of Professional Organizers spent many hours in December helping us get started with de-cluttering and organizing for efficiency while retaining a welcoming and comfortable atmosphere at Cornucopia House. Their service project also put us in the spotlight in *Southern Neighbor*, helping even more Triangle citizens know of our mission and services.



The moment Doreen stepped into her first yoga class, she says she knew she had found something that would become an important and permanent part of her life. Now, as an instructor, she believes that yoga should be accessible to anyone who seeks greater health and wellness. For that reason, she fuses a mixture of yoga styles to create a warm and nurturing environment in which to practice.

Doreen came to yoga after an early career in public health.

She is a Registered Yoga Teacher and is certified in Discovery Yoga (based on Kripalu yoga). Last spring, she began a yoga training program geared specifically for teaching



yoga to those with cancer. As

**Doreen Stein-Seroussi**  
Yoga Teacher

a new yoga instructor at Cornucopia House, she will focus on integrating physical movement, meditation, visualization, relaxation, and breath work in a nurturing environment for those facing the challenges of cancer.

Doreen has offered classes for cancer survivors at Duke University Medical Center and works with patients one-on-one in the UNC chemotherapy infusion clinic. She invites everyone to come to the class, whether they want to stretch their minds and bodies or simply relax in a supportive environment.

When she isn't teaching yoga, Doreen enjoys a busy life with her husband and three children.

# Looking Ahead



**Reminder ... First Tuesday educational forums will be taking a summer break**

## Healthier Eating 2005

### Encore

Tuesday, April 19th  
7:00 – 9:00 p.m.  
Terri McClernon, "The Food Fairy"  
Reservation REQUIRED 401-9333

The Food Fairy returns in response to your requests following our packed January program, which even had a waiting list. To see why Southern Living magazine calls Terri magical and why our community can't get enough of her, join us as Terri McClernon, aka The Food Fairy, focuses on how to enjoy good nutrition and great tasting food with no-hassle methods.

## The Food for Life

### Nutrition and Cooking Class

Co-Sponsored with Physician's Committee for Responsible Medicine  
6 Tuesdays, May 10-June 14  
7:00-9:00pm

Susan Neulist, Cooking Instructor  
Registration REQUIRED 401-9333

You may register for individual classes or all six. Each class is limited to 15 students, so call early. See full story on Page 1.

May 10 Fueling Up on Low-Fat Foods

May 17 Favoring Fiber

May 24 Replacing Meat

May 31 Discovering Dairy Alternatives

June 7 Planning Healthy Meals, plus Antioxidants & Phytochemicals

June 14 Immune-Boosting Foods and Maintaining a Healthy Weight

## Connecting Through Touch

Tuesday, May 3, 7:00-9:00 pm  
Rachel Lewis Marlow, LMBT, and Nancy Garson-Angert Ed.M., LPC, NCC  
Class size limited.  
Registration REQUIRED 401-9333

Cancer can stress even the healthiest of relationships. This workshop is designed to nurture and support the relationships that nurture and support you during diagnosis and treatment. That's when the people closest to you may take on new roles -- caretaker for the kids or day-to-day logistics captain, for instance. Give yourselves the gift of connecting and nurturing each other through massage. We'll explore touch and simple massage techniques as one way of bringing mindful and "heartful" attention to your relationship. Come with your partner, spouse, parent, adult child, or dear friend.

Rachel has been practicing therapeutic massage and bodywork since 1990. She currently sees clients at Cornucopia House, SAS Institute and in her private practice in Chapel Hill. Nancy is a graduate of the University of Wisconsin-Madison and Harvard University and has been a counselor and psychotherapist for 28 years in both agency and private practice settings. She is co-founder of Chatham Wellness Center.

## For Those Living with Advanced/Metastatic Cancer

2nd and 4th Thursdays  
Facilitator: Susan Schneider,  
Director of Graduate Oncology Nursing  
Specialty, Duke University.

Our new format for this support group has proven to be a great success, so much so that when our facilitator announced she'd have to miss a session due to a conference, participants insisted she reschedule! Each session begins with a specific topic and concludes with an open discussion on any topics of interest to that day's participants.

- Tuesday, April 26: Changes in Body Image
- Thursday, May 12: Hope
- Thursday, May 26: Treatment Side Effects - What's reasonable?

Check our website for future topics:  
[www.cornucopiahouse.org](http://www.cornucopiahouse.org)

## Caregiver Support Group Now Meets Twice Monthly

Good news! We're expanding this support group to twice a month.

If you are concerned about someone with cancer and want to interact with others, we hope you'll participate as your schedule allows. The group meets at Cornucopia House every 2nd and 4th Mondays from 7:00-8:30 pm.

Want email alerts about new programs?

Ask Mindy to add you to our email list.

[chsupport@mindspring.com](mailto:chsupport@mindspring.com)



## Scheduled Programs & Services of Cornucopia House

For directions or more information, call 401-9333 or visit our website at [www.cornucopiahouse.org](http://www.cornucopiahouse.org)

WHAT	WHEN	WHO
<b>Support Groups</b>		
Spouses, Partners, Family & Friends	2nd & 4th Mondays, 7:00-8:30 pm Call 401-9333 for details	Open to family members and caregivers
Minority Prostate Health & Education	2nd Tuesdays, 6:30-8:30 pm at Lincoln Community Health Center, Toni Davis 956-4025	Men with prostate health and prostate cancer issues
Getting Your Bearings	2nd & 4th Wednesdays, 7:00-8:30 pm Call 401-9333 for details	Cancer patients and cancer survivors at any stage of treatment and recovery
Living with Metastatic/Advanced Cancer	2nd and 4th Thursdays, 3:30-5:00 pm (except April 28; come instead on Tuesday, April 26)	Patients with metastatic or advance disease
One-to-one Grief Counseling and Counseling for Urgent Needs	Contact: Val Proffitt 419-0050	Cancer patients/survivors, caregivers
Groups at Rex Cancer Center	Call 784-1641 for specifics	Cancer patients/survivors, family members
Groups at Duke Cancer Center through their Patient Support Program	Call 684-4497 for specifics	Cancer patients/survivors, family members
<b>Tools for Living</b>		
Reiki	Call for appointment: Call 401-9333	Cancer patients, families, friends
Compassionate Touch/Massage Therapy	By appointment only. Call 401-9333	Cancer patients, families, friends
JP's Courage Gang	First Fridays, 7:00-9:00 pm Info: Kelsey 932-6283, Johanna 414-6722	12-18 year old patients with cancer and other life threatening illnesses and their friends
Restorative Yoga	Wednesdays, 11:00 a.m.-12:30 pm Thursdays, 6:00-7:30 p.m.	Cancer patients, families, friends
Tai Ji For Everyday Living	Thursdays, 2:00-3:00 pm May 5-June 9, July 7-August 11, Sept 1-Oct 6	Cancer patients, families, friends
Qigong	Thursdays, 3:15-4:00 pm May 5-June 9, July 7-August 11, Sept 1-Oct 6	Cancer patients, families, friends
Polarity Therapy	By appointment only. Call 401-9333	Cancer patients, families, friends
Estate Planning Consultation, Atty. Lisa Vira	By appointment only. Call 401-9333	Cancer patients, families, friends
Acupuncture, Triangle Acupuncture Clinic	By appointment only. Call 933-4480	Cancer patients, families, friends
Belly Dancing, Martha Shannon	Mondays (except 2nd Monday), 6:00-7:00 pm	Open to the public
Life Coaching, Cynthia Runberg	By appointment only. Call 401-9333	Cancer patients/survivors and caregivers
Feldenkrais, Karen Dold	By appointment only. Call 967-8013	Cancer patients/survivors and caregivers
<b>Educational Forums &amp; Expressive Arts</b>		
"Food Fairy" Healthier Eating ENCORE	Tuesday, April 19, 7:00-9:00 pm	Open to the public. Registration REQUIRED. Call 401-9333
Food for Life Cooking & Nutrition Class	Tuesdays, 7:00-9:00 pm, May 10-June 14	Open to the public. Registration REQUIRED. Call 401-9333
Creative Expressions: Getting to Know Myself Through Artmaking	Thursdays, 11:00 a.m.-12:30 pm (through April 21; will resume in the fall)	Open to the public. Drop-ins welcome.



**Cornucopia House**  
 Cancer Support Center  
 111 Cloister Court, Suite 220  
 Chapel Hill NC 27514

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 27514

## Sow Seeds. Trust the Promise.

From Cloister Court ~ Becky Carver, Executive Director

The pear tree outside of Cornucopia House is bursting forth. Bulbs are blossoming. It's spring. And like many of you, my thoughts and spare time have turned to gardening. This time of year always brings to mind one of my favorite sayings -- ***Sow seeds. Trust the promise.***

In 2002, Emily, the daughter of a Cornucopia House participant, was working for Weaver Street Market. She nominated us to be a beneficiary of their "Hope for the Holidays" special sale, and we were delighted to receive their check in January.

But the story doesn't stop there. Earlier this year, a woman at RTI International emailed me to say she'd nominated us to benefit from their

employee contribution program. She had a \$1,250 check for Cornucopia House. When I asked "why us?" it turned out she'd first heard of us in 2002 through the Weaver Street Market newsletter!

There's more. In February, Cat Moleski at Weaver Street Market called to say they'd nominated us to benefit from the Carr Mill Mall Merchants' Spring Fashion Show and Luncheon. Their promotion of the event put Cornucopia House in the spotlight for many people who'd never heard of us, in addition to raising money to support our programs

***Sow seeds. Trust the promise.***  
 Emily planted perennials back in 2002, not annuals!

As executive director, a primary responsibility given to me by the board is to raise awareness and support for Cornucopia House, including making sure our budget covers our needs. Because of efforts like Emily's and many others, awareness is growing in our community, participation and volunteerism are growing, and so are our donations and challenge grants.

While completing a grant application recently, I noted 6,255 participant contacts in 2004, and 2,040 volunteer hours (at least the ones recorded). Wow!

***Sow seeds. Trust the promise.***

I could give you dozens of other examples of course, but the days are longer and it's time for me to head out to my flower garden!



Photos from Spring Fashion Show at Carr Mill Mall. Used by permission. Chris Elam (c) Playful Portraits Photography (www.playfulportraits.com)

## **Cancer: Not What It Used To Be**

One out of every four Americans will be diagnosed with cancer at some point during their lifetime. Advances in research and treatment have changed the meaning and impact of a cancer diagnosis. Today, millions of people are living with cancer or have had cancer.

In the last decade, a growing number of medical schools, treatment facilities, and healthcare professionals throughout the nation have devoted attention and effort to the study of complementary and alternative medicine, known as CAM, and to the impact of supportive services. Integrating these experiences into treatment plans has contributed to improved quality of life for those who are diagnosed with cancer and for those who love them.

**In response, the Cornucopia House**

**Mission is to provide a nurturing environment where patients, families and others can gather to share and receive support, resources, and education to cope with cancer.**

**Cornucopia House**  
111 Cloister Court  
Suite 220, Overlook Building  
Chapel Hill, NC 27514-2296



## **Cancer Support Center**

**Providing an Abundance of  
Caring & Sharing**

*Participants support  
each other and  
Cornucopia House  
while enjoying  
Volunteer Affairs*



111 Cloister Court  
Suite 220, Overlook Building  
Chapel Hill, NC 27514

Phone: 919-401-9333

Fax: 919-401-9335

[www.cornucopiahouse.org](http://www.cornucopiahouse.org)  
[chsupport@mindspring.com](mailto:chsupport@mindspring.com)

## Cornucopia House

### An Abundance of Support



The cornucopia represents abundance ~ and at Cornucopia House we believe every person touched by cancer deserves an abundance of support.

We create an environment where those with cancer ~ as well as their families, friends, and caregivers ~ support one another in learning to live as abundantly as possible with a cancer diagnosis.

Here, participants learn ways they can positively impact the quality of their lives.

Cornucopia House activities support, complement, and integrate with conventional medical treatments. Many local physicians and other health care providers support our work and refer their patients and families to us.

Cornucopia House provides services **free of charge** thanks to generous donations from individuals, businesses, foundations, hospitals, agencies, faith communities, and governing bodies.

We serve individuals diagnosed with cancer, their family and friends, and their caregivers. Our services are available at every phase of diagnosis, treatment, recovery and survivorship. We are not a hospice program. Other organizations provide this valuable service.

## Connections

*Shared Journeys*, a peer support program providing one-on-one opportunities with others who have been down the same road.

*Individual consultations* with trained professionals.

*Small groups* led by qualified professionals in various fields.

## Tools for Living



Individual and group sessions led by qualified and certified professionals. Among these are:

*Massage, Reiki, Polarity* ~ Ease stress, pain, fatigue, other treatment-related symptoms.

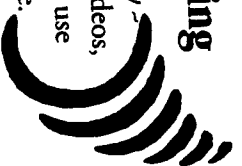
*Restorative Yoga* ~ Regain or maintain strength during and after treatments with gentle, relaxing exercise and movement.

*Expressive Arts* ~ Enjoy movement, art, music, storytelling, writing, playing, and more.

*Exploring Spirituality* ~ Consider and share sources of meaning and the role of ritual.

*Chi Gung* ~ Cultivate a healthy flow of energy with breathing techniques, relaxed mental concentration, and small movements.

## Tools for Learning



*Cancer Wellness Resource Library* ~ A wealth of books, audiotapes, videos, articles, and Internet resources to use at Cloister Court or to take home.

*Nutrition and Cooking Resources Center* ~ Articles and cookbooks to review or take home, plus educational programming and demonstrations.

*First Tuesdays* ~ Leaders in their fields share expertise in integrative medicine, complementary care, cancer research and treatments, the mind-body connection, expressive arts, and more.

*Seeds of Renewal* ~ Continuing education workshops and retreats for professional caregivers.

Cornucopia House also provides easy access to an abundance of resources from other cancer support organizations and medical facilities in the Triangle and across the nation.

Founded in 1996, Cornucopia House brings together complementary resources to assist those whose lives are touched by cancer. We are unique in the Triangle in several ways.

- We focus on the personal experiences associated with any cancer diagnosis, not research or treatment.
- We provide our services in a non-medical setting.
- Our services are available to anyone touched by cancer at anytime along the journey. It doesn't matter if it's 10 hours, 10 weeks, or 10 years since a cancer diagnosis. It doesn't matter if a loved one with cancer is here, or in Alaska. It doesn't matter if the concern is for one's self, a family member, a colleague, a patient, a member of your congregation, or a friend.
- We are not hospice. Other organizations provide this valuable service.

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The Internal Revenue Service has designated us as a not-for-profit 501(c)(3) organization, approved to accept tax-deductible donations. Determining tax deductibility of particular gifts is the responsibility of the donor.